

ChicaGourmets! and



A Day in the Country

A Celebration of Locally Grown Cuisine

Bus Tour to Indiana

Departure at 8:00 A.M. from Pick-up Location
3150 South River Rd., Des Plaines, IL

Departure at 8:30 A.M. from Pick-up Location
Corner of State & Lake Streets, Chicago

Saturday, July 18, 2009

Message from our host,

Jon Hoek, Belstra Milling Company:

It is our pleasure to host the ChicaGourmets for this opportunity to make new friends. We are very passionate about our role as farmers in producing safe affordable food for not only the restaurant industry but for the ever growing world population. This event will allow you to interact one on one with those farmers that live food production every day.

Our locally grown products are available for you to take home if you wish.

Fresh Blueberries~\$2.25/pound

Sweet Corn~\$3.00/dozen

Tomatoes~\$1.00/pound

ChicaGourmets! Hosts Bill Lavery, Jon Hoek,
Paul Grosso and Don Newcomb

ALL ABOARD!

10:30 The Vandermolen Blueberry Farm 4501 W 800 North, Rensselaer, IN 47978

~See and understand how blueberries are grown, harvested and processed.

~You will have to opportunity to "pick and eat, fresh from the bush!"

12 Noon A Country Lunch

~Featuring locally produced pork, blueberries and sweet corn

Roast Pork & Center Cut Pumped Loin

Super Sweet Corn & Sliced Tomatoes

Surprise Blueberry Dessert

1:00 A Stop at the Sweet Corn Patch

~Pick your own sweet corn.

~Hear from the farmer the techniques used to produce a "Super Sweet" variety.

1:30 Tour Belstra Milling Pork Farm

~See the new evolution of the family farm.

~View how family farm meets modern technology to produce humane and safe food for the growing human population.

~See how Belstra Pork Farm provides 35,000 people/day a 1/4-pound high protein meal.

3:30 Bos Family Dairy Farms

~Observe the daily milking of cows.

~The Bos family produces 500,000 16-ounce glasses of milk per day.



Belstra Milling Co., Inc.



Rob's Cob
Family Sweet Corn



Vandermolen
Blueberry Farm

Join ChicaGourmets! Membership is \$45 per year per household.

Please reserve online at www.ChicaGourmets.org Discover, MasterCard and Visa accepted.

Prepaid reservations must be received by 7/12/09; no refunds after that date.

Reservations are secured with receipt of payment on a first-come basis. Events often sell out early!

E-mail: DonaldNewcomb@comcast.net Tel: 708-383-7543 Fax: 708-383-4964

For non-internet reservations, mail to: ChicaGourmets! Premier Bank, 1210 Central Ave, Wilmette, IL 60091

DAY IN THE COUNTRY Reserve _____ at \$59 bus, lunch & tour, _____ at \$39 lunch & program (no bus), inclusive = \$ _____
7/18/09 _____ Membership/Renewal payment (\$45) enclosed. See expiration (exp) date on mailing label.

Name(s) _____

Address _____ Email: _____

City/State _____ Zip _____ Phone # _____